Grade 7

Motor Skills and Movement Patterns

1. Assesses a creative movement performance. (S1.M1.7)
2. Demonstrates passing and receiving with feet in authentic settings. (S1.M4.7)
3. Demonstrates offensive skills with defensive pressure. (S1.M7.7)
4. Demonstrates shooting on goal with power and accuracy in authentic settings. (S1.M10.7)

Applies Concepts, Principles, Strategies and Tactics

5. Uses defensive tactics to reduce space. (S2.M5.7, S2.M11.7)
6. Varies the speed and trajectory of the shot based on the location of the object in relation to the target. (S2.M9.7)

Fitness Knowledge and Skills

7. Identifies and performs activities to improve or maintain muscular strength and endurance. (S3.M3.7)

Responsible Personal and Social Behavior

9. Provides corrective feedback to a peer using a skill checklist. (S4.M3.7)

Recognizes the value of Physical Activity

10. Demonstrates positive strategies when faced with a group challenge. (S5.M3.7)